COSMOPOLITAN
SEX... YOUR WAY
Kisses, Touches & Positions To Satisfy Your Body—Get It, Girl!
Miley
Like You've Never Seen Her
THE #GOALS ISSUE
Secrets From Beauty, Fashion & Fitness Influencers
How to Tell If Love Will Last
"My Gum Got Stuck in His Junk!"
Hilarious Tales of Sex Gone Wrong
HOT HAIR & MAKEUP TRENDS
Cosmo Exposé
Why Women Are Hit With More Student Debt Than Men Are
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SEPTEMBER 2017

★ THE #GOALS ISSUE

TOP, JEANS, *Jonathan Simkhai*. INITIAL NECKLACE, EAR CUFFS, *Miley's own*. NECKLACE, *Shay*. EARRINGS, *Selim Mouzannar*

PHOTOGRAPHED BY ELLEN VON UNWERTH. PROP STYLIST: EVAN JOURDEN. PRODUCTION: VIEWFINDERS. HOTEL: THOMPSON NASHVILLE.

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GET MILEY'S HOT LOOKS

A: Top, jeans, Jonathan Simkhai. Initial necklace, ear cuffs, Miley's own. Necklace, Shay. Earrings, ring, Selim Mouzannar. **B:** Bra, briefs, Jeremy Scott. Necklace, earrings, bracelet, ring (right hand), Selim Mouzannar. Sunglasses, ear cuffs, belly ring, ring (left hand), Miley's own. To get Miley's look, try Double Wear Nude Water Fresh Makeup Broad Spectrum SPF 30 in Cool Bone, The Brow Multi-Tasker in Dark Brunette, Pure Color Envy Lash Mascara in Black, Pure Color Lip and Cheek Multistick in Rose Exposed, and Pure Color Envy Hi-Lustre Light Sculpting Lipstick in Drop Dead Red, all by Estée Lauder. Style director: James Worthington DeMolet. Hair: Teddy Charles at The Wall Group. Prop stylist: Evan Jourden. Production: Viewfinders. Hotel: Thompson Nashville. Photographed by Ellen Von Unwerth.

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all you need is my new
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CHILLIN' AT MILEY'S HOUSE

Photographed by
ELLEN VON UNWERTH

Style Director
JAMES WORTHINGTON DEMOLET

TOP, *Johanna Ortiz*. SHORTS, *Wildfox*. HAT, BELLY RING, *Miley's own*. SHOES, *Susi Studio*. STAR NECKLACE, EARRINGS, *Selim Mouzannar*. INITIAL NECKLACE, RING *(left hand), Miley's own, worn throughout*. BRACELET, *Annina Vogel*. RINGS *(right hand), Shay*

Sure, "the sky's so blue in Malibu,"

but when MILEY CYRUS needs a reset, she decamps to her childhood home just outside Nashville. On a brief break between performances and finishing her new album, the 24-year-old invited *Cosmo* over for a glimpse inside the place that helped shape the megastar. She gave us an all-access pass to the family farm (her mom and dad—Tish and Billy Ray—were also hanging out), her girly, bubblegum-pink bedroom, even her tween-age diary. Read on to find out what the outspoken activist and current judge on *The Voice* has to say about life, love, and marriage...in her own uncensored words.

Full name: Miley Cyrus

The three words that best describe my upcoming album:

1. FREEDOM
2. LOVE
3. ME

TRUTH

A weird thing that happened during the songwriting process:

I wrote a song on my record in a dream...I dreamt my sis Noah + I were in my car on the way to the movies, a song came on the radio + it was Noah's FAVORITE song! She said everyone was loving it... it's a "smash" Then I said "I wish I wrote it"... I woke up... + DID!

The hardest part about recording it:

I made a lot of this album during the summer so was hard sometimes to leave the sun + lock myself in a padded studio ALL DAY ♡ (but helps that it's rainbow!)

My saddest moment in the last year was:

Hillary Clinton losing the presidency. I still believe in my lifetime I'll experience the 1st female president

But my happiest moment was:

Watching people come together through my Hopeful Hippies campaign + get involved in their community!

One thing in my old room that I'll never get rid of:

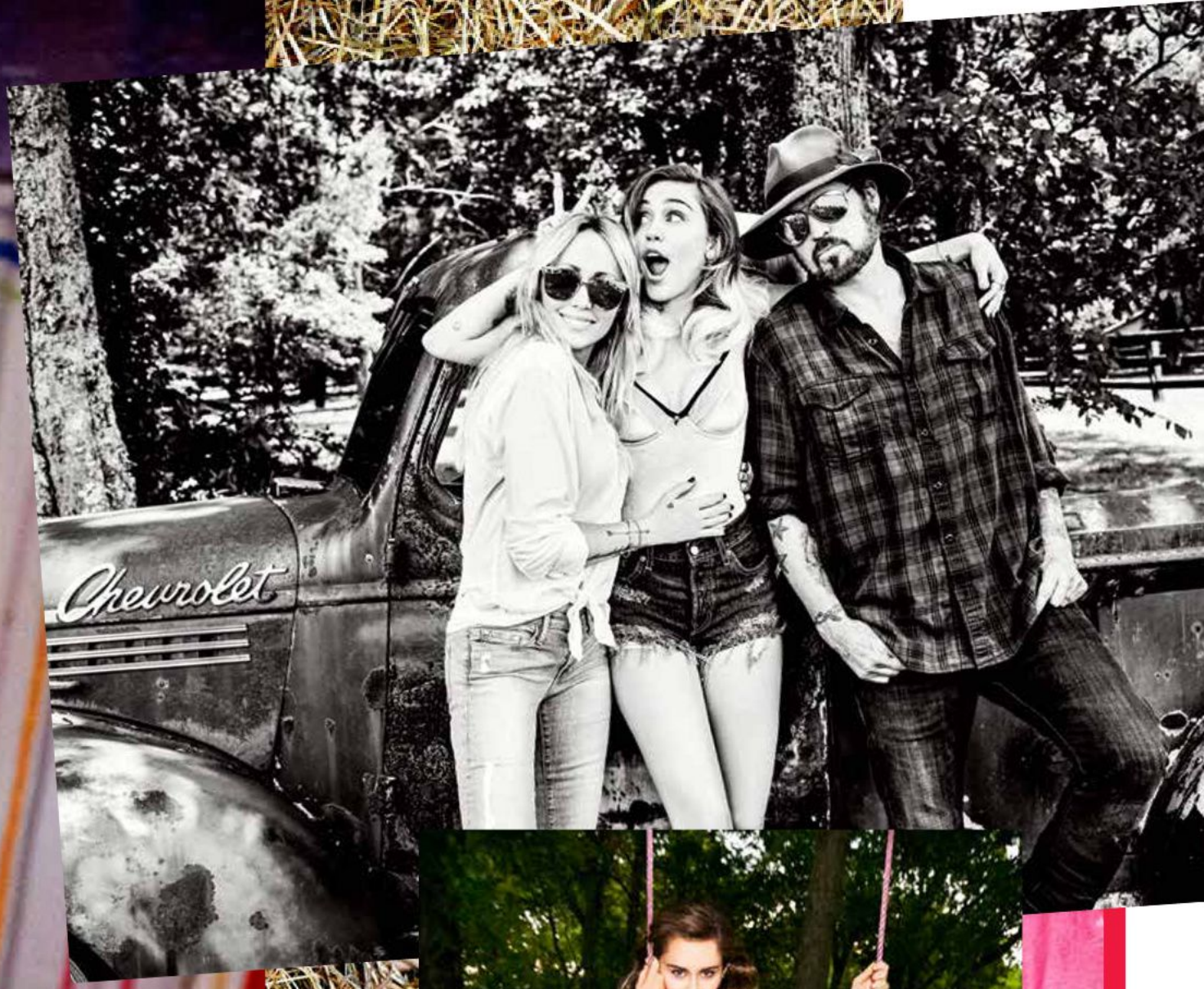
My Britney Spears collection

OPENER BACKGROUND IMAGE: GETTY IMAGES. GETTY IMAGES (3).

Miley's mom, Tish, converted her shoe closet into a cozy room for little Miley. Tish spent hours tissue-papering and painting the walls—Miley's friends (and fam!) then wrote all over it! To find out what's inside Miley's diary, go to Cosmopolitan .com/MileyCyrus.

BRA, BRIEFS, *Jeremy Scott.* **SHOES,** *Beyond Skin.* **STAR NECKLACE, EARRINGS,** *Selim Mouzannar*

You can take the girl out of Nashville, but you can't take the Nashville out of the girl. Give Miley a hat and boots and she's ready to rock. She says she loves it that people dress up as her for Halloween.



Miley says nobody makes her laugh harder than her dad does. And the first person she calls when she's on the verge of a breakdown? "My mama."

LEFT: TOP AND SHORTS, *House of Holland.* HAT, EAR CUFFS, *Miley's own.* EARRINGS, STAR NECKLACE, *Selim Mouzannar.* TOP RIGHT: BODYSUIT, *Gooseberry.* SHORTS, *Levi's.* EARRINGS, BRACELET, RINGS, *Selim Mouzannar.* BOTTOM RIGHT: DRESS, *Zimmerman.* NECKLACE, EARRINGS, BRACELET, RINGS, *Selim Mouzannar*

The weirdest thing in my childhood home:
My lil sis letter where she refers to herself as "Noah Lindsey BIEBER"

The best part about having Dolly Parton as my godmother:
Having access to her closet! Ha SERIOUSLY watching the way she treats people w/ love + respect. Always a reminder to me + my family of WHAT is important. Never let success change your ♡

My biggest source of anxiety:
Being in CONTROL, I Am OCD + it can drive me crazy! I literally organize pizza crust in the box... I can be very obsessive! :-

What I do to de-stress:
Stilling my mind + Focusing on breath

YOGA

One thing I've learned about marriage from my parents:
Nothing + No one Stays the same. GROW, EVOLVE, change w/ each other + Celebrate your love's journey!

The best meal I've had in the past year:
Cracker Barrel
Always + Forever

My favorite look from a red carpet in my career thus far:
2015 VMAS! Versace

My least favorite look:
Pretty much 2008-2013. The Grammys were RUFF + TOFF FOR ME. YOIKES!

My go-to beauty hack:
Lotion takes the static OFF YOUR CLOTHES!

Eff/marry/kill—*The Voice* coaches:

ADAM LEVINE

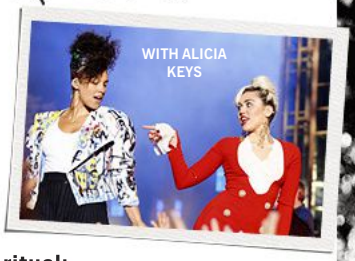
JENNIFER HUDSON

BLAKE SHELTON

Eff Marry Kill

If I were auditioning on *The Voice*, I'd pick
Alicia Keys

as my coach because:
She's always made me feel super loved + special ♡ I loved spending time in my big red chair next to my sis!


WITH ALICIA KEYS

My pre-show pump-up ritual:
♡DRAG MUSIC♡ I♡RU!

The last website I visited:
You don't wanna know... or maybe ya do

XXX

My mother hates it when I:
Don't take my shoes off in the house! HA!

"I've been waiting for more than a year to release this album. I can't wait to share my story!"

Beauty Tip

Score roll-in-the-hay hair with Kevin Murphy Bedroom Hair, $29. It's a lightweight spray that adds shine (thanks to sunflower-seed extracts) and gives crazy-sexy texture.

BRA, BRIEFS, *Alessandra Rich.* **HEART NECKLACE,** *Shay.* **EARRINGS,** *Selim Mouzannar.* **BRACELET** *(top), Alison Lou.* **BRACELET** *(bottom), Louis Vuitton.* **RINGS,** *Daniela Villegas*

Located on 500 acres of land, the Cyrus farmhouse is special to the family. Dad Billy Ray had it blessed. Here, Miley runs around with her sister Noah's dog, Leo—back home in L.A., she has seven pups of her own.

DRESS, *Topshop Bride.* **NECKLACE, EARRINGS, BRACELET, RINGS,** *Selim Mouzannar.* **HAIR:** *Teddy Charles at The Wall Group.* **PROP STYLIST:** *Evan Jourden.* **PRODUCTION:** *Viewfinders.* **HOTEL:** *Thompson Nashville.* *See page 199 for shopping information.*

PREVIOUS SPREAD, CLOCKWISE FROM TOP LEFT: GETTY IMAGES (6). COURTESY OF BRAND. THIS SPREAD, CLOCKWISE TOP RIGHT: COURTESY MILEY CYRUS/INSTAGRAM. GETTY IMAGES (4).

I always feel at home with:

My 2 pigs! Puddles + Pig Pig!

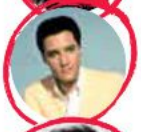
One of my proudest career moments:

Bringing Jesse to the VMAs to accept my video of the year award + bringing awareness to homeless youth!

What drives me to advocate for LGBTQ rights:

I have changed + evolved so much in my own life + have become the person I feel I truly am... I believe everyone should have the same freedom!

JANE GOODALL



ELVIS PRESLEY

JOHNNY CASH

If I could have dinner with anyone, I'd pick:

1. My pappy again!
2. Jane Goodall
3. Johnny Cash (ELVIS) (can't choose)

I'd love it if no one ever asked me this again:

Anything about my personal relationship

My biggest hope for Noah's career:

It's that she never lets people + their hurtful comments (cuz of insecurity) affect her bright light. I want her to continue to shine!

WITH SISTER NOAH

Advice I live by:

My Dad always says "A trying time is no time to quit trying"

I feel most fearless when: the show is over!

the butterflies fly away

BE WHO YOU WANNA BE!
Always Radiate LOVE!